

**Focus! Class: Focus nervous energy by engaging and connecting with your Dog**

*Designed from the "Control Unleashed" program created by Leslie McDevitt, MLA, CDBC, CPDT*

***This work is certainly the PERFECT way to connect with your dog on a level that will reduce your dogs overall stress level. This connection will improve behavior issues you are having with your dog. You will learn to read your dog and be able to re-orient them at any time you see stress signals. We accomplish this with games and exercises that make it fun for you and your dog!***

The focus of this centered learning is to teach your dog that it feels better NOT to react to things! Chances are if you have a reactive dog, your dog has not learned that they can 'leave' before they have a reaction to something. By leaving, we mean your dog re-orienting to you or something else that can 'ground' them, like their mat or crate, before they react. You will learn to 'read' your dog and guide the re-orienting to avoid your dog going beyond 'threshold' thus helping your dog learn to remain calm.

Dogs that are good candidates for this class may have the following symptoms:

- Barking and growling
- Shying away; showing fear
- Shy and avoidance behaviors
- Listens to you but his body language shows that he feels stress (yawns, licks his lips, scratches, shakes it off)
- Barks and/or pulls and lunges at other dogs and objects he is uncertain of
- Sensitive to sudden environmental changes
- Dogs that need focus in difficult situations
- Easily distracted
- Stressed

Focus! Classes are (5) weeks long, (1) hour long classes.

The first week is without your dog.

*There will be an opportunity to continue the work in maintenance classes.*

Contact Carol before registering for this class.

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